Promising Practices for Healthcare Planning

Members of the LeadingAge Task Force

LeadingAge Annual Conference
May 11, 2017
“I’m not afraid of dying –
I just don’t want to be there when it happens.”

- Woody Allen
Dr. Atul Gawande writes a #1 New York Times bestseller about the end-of-life care his parents received.
Launch of a New Initiative

http://www.maseriouscare.org
Massachusetts Coalition for Serious Illness Care

Mission:

To ensure that everyone in Massachusetts receives health care that honors their goals, values, and preferences.
Goals of the Coalition

1. Name a Health Care Proxy
2. Engage in ongoing conversations with your health care proxy
3. Ensure appropriate training for clinicians
4. Have an informed conversation with your care team
5. Create a system to elicit and document wishes
6. Ensure that preferences can be shared, regardless of place of care
LeadingAge Task Force

Committed to three areas of focus:

1. To contact all LeadingAge members and gather promising practices in advanced health care planning

2. To offer resources and tools to help have these conversations

3. To ask what one thing the organization can commit to doing in the next year to further advance care planning.
Resources for Advance Care Planning

• MA Coalition for Serious Illness Care
  https://www.ariadnelabs.org/areas-of-work/serious-illness-care/

• Honoring Choices Massachusetts
  http://www.honoringchoicesmassachusetts.org/

• Department of Public Health

• The Conversation Project  http://theconversationproject.org/

• Hospice and Palliative Care Federation of MA
  http://www.hospicefed.org/
Promising Practices

• Coffee talks

• Offer in-services to staff

• Become a Community Partner of Honoring Choices Massachusetts

• Vial of Life Update

• Bring families together
In-house Program

• Carleton-Willard Village offers in-services for staff about their own health care planning

• Start with personal stories

• Encourage staff to complete their own forms and have discussions

• Repeat offering these opportunities
In-House Program, con’t.

- Honoring Choices materials available
  - Health Care Proxy form
  - Personal Directives / Living Will
  - Power of Attorney
  - Medical Orders for Life Sustaining Treatment (MOLST) form
  - DNR/DNI form
Community Program

• Collaboration between Linden Ponds & South Shore Health System

• Community Event

• Viewing of PBS Documentary "Being Mortal"

• Interdisciplinary panel discussion including physicians, nurse, social worker & LP resident/retired minister
Community Program, con’t

• Evaluation included follow up action plans for commitment by participants

• Subsequent program on "Honoring Choices"

• Plans being developed for small group activity using "Go Wish" Cards
Linden Ponds Survey

Two events on 10/26 and 11/14

422 Participants, 108 surveys results

**Age**
- 18-29
- 30-39
- 40-49
- 50-64
- 65+

**Gender**
- Female
- Male

**Identify as**
- White
- Asian
- Other

**Education**
- HS/GED
- Some College
- Undergrad degree
- Postgrad Degree
## Linden Ponds Survey

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<th>Responses</th>
<th>Think about the Kind of Care</th>
<th>Think about importance</th>
<th>Talk with a Loved one</th>
<th>Decide on the person</th>
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<table>
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<th>Responses</th>
<th>Talk to doctor about wishes</th>
<th>Talk to Doctor about Approach</th>
<th>Encourage family members</th>
<th>Put wishes in writing</th>
<th>Tell about Being Moral</th>
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Linden Ponds Survey

Who should see Being Mortal?
- Physicians
- Seniors
- Caregivers
- People with Terminal Illness
- Clergy
- Everyone

Attend another event?
- yes
- No
- Not sure
- No response
2017 National Health Care Decisions Day

* NHDD information was directed to staff/employee: over 13,700

* Public information on advance care planning was provided to: over a half a million people!

* The estimated number of advance directives completed at 2017 NHDD activities: over 1,000

* NHDD information was directed to organization members: roughly 48,000
Table Discussions: What Can You Do?

• What are you already doing in your organization to encourage health care planning?

• What keeps us from doing this?

• What can you do personally, in your organization and in your community to improve health care planning?
We transition into this world surrounded by love, nurturance, and acceptance.

We deserve to transition out of this world with the same dignity, compassion and caring.
Questions?