Keeping PACE with Housing

A collaborative presentation focusing on PACE housing partnerships in Massachusetts

fallonhealth

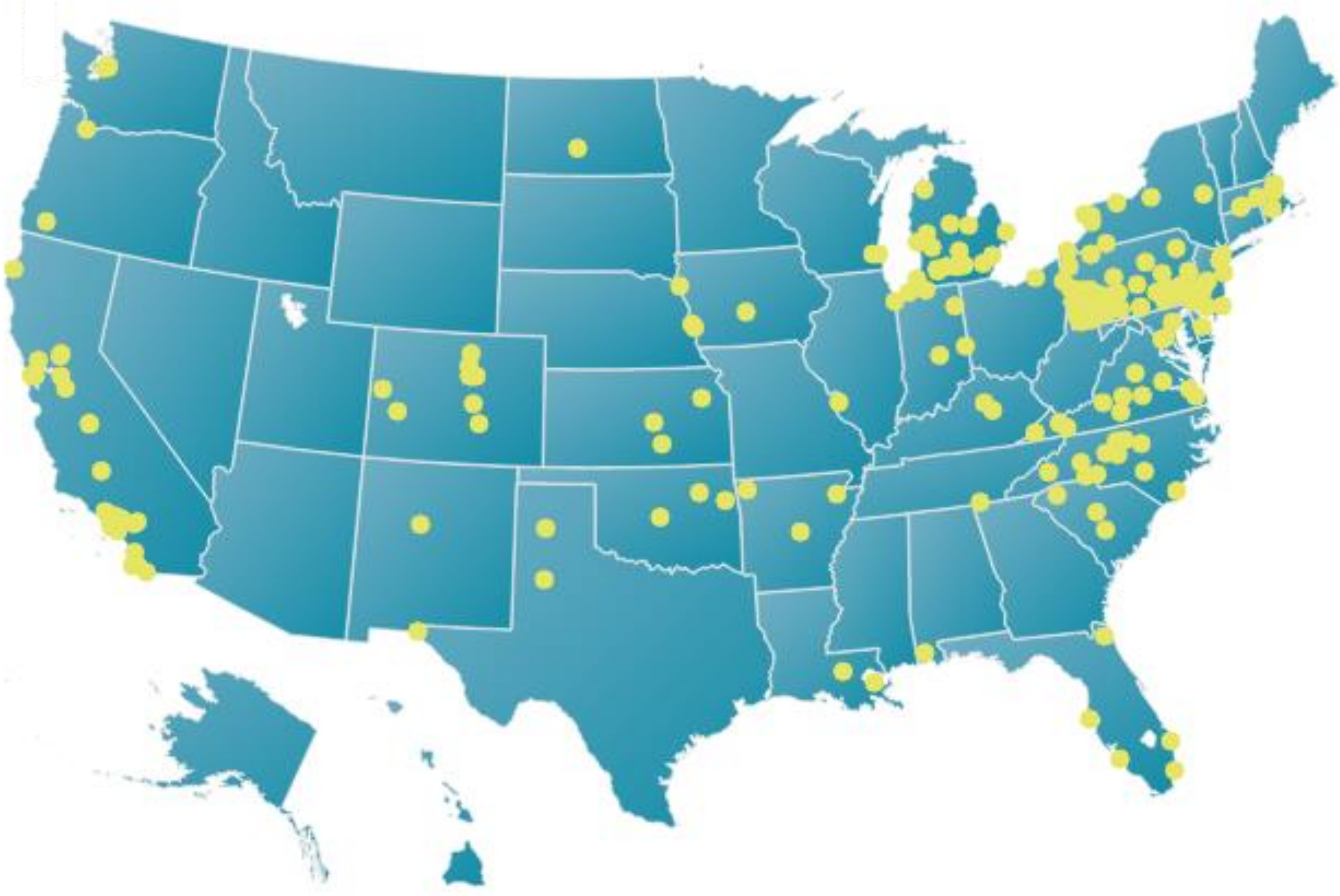
HARBOR HEALTH
ELDER SERVICE PLAN

Element Care

MassPACE

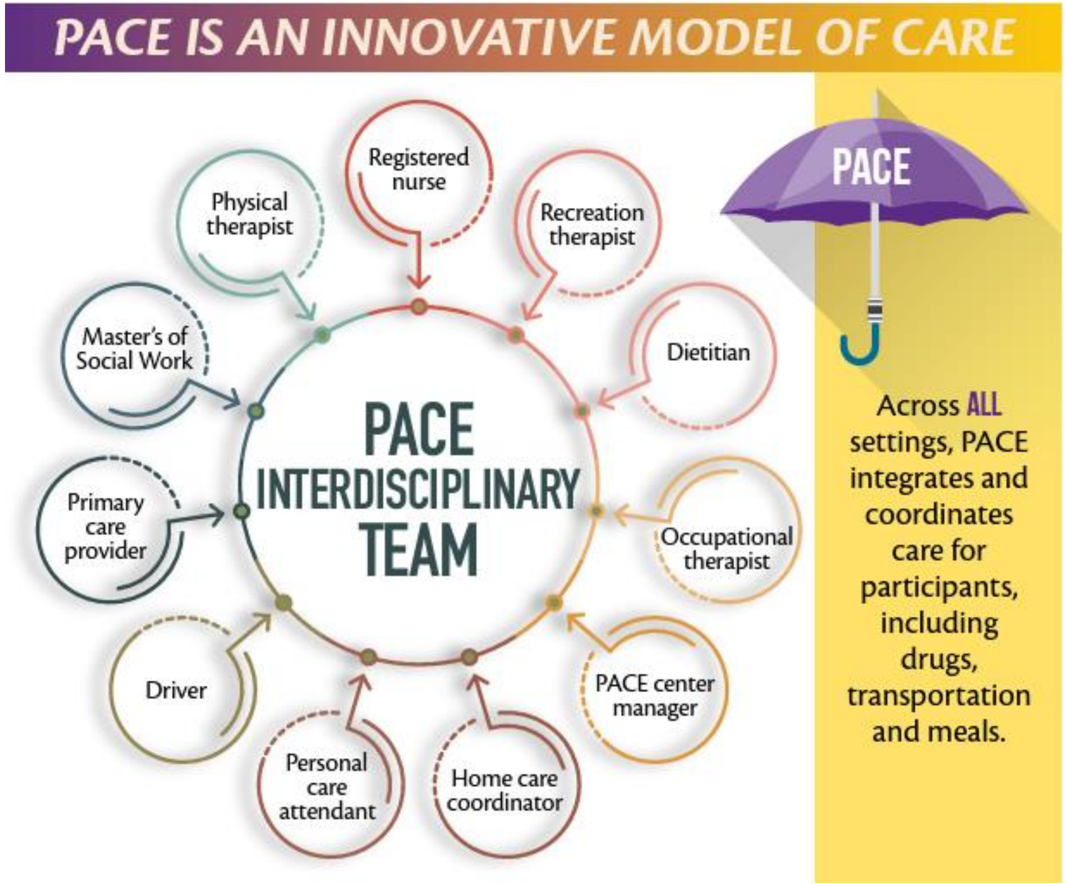
NATIONAL PACE ASSOCIATION

What is PACE?



Currently there are 150 PACE programs operating 273 PACE centers in 32 states and the District of Columbia, serving 60,000 participants.

PACE is both health insurance
and an individualized healthcare plan



Services include:

- adult day care
- medical care provided by a PACE physician familiar with the history, needs and preferences of each participant;
- home health care and personal care
- all necessary prescription drugs
- social services
- medical specialties, such as audiology, dentistry, optometry, podiatry and speech therapy
- respite care
- hospital and nursing home care when necessary

PACE Eligibility Requirements & Participant Profile

Average age 77
Income </= $2742/mo

6 or more prescriptions

9 trips / month requiring transportation

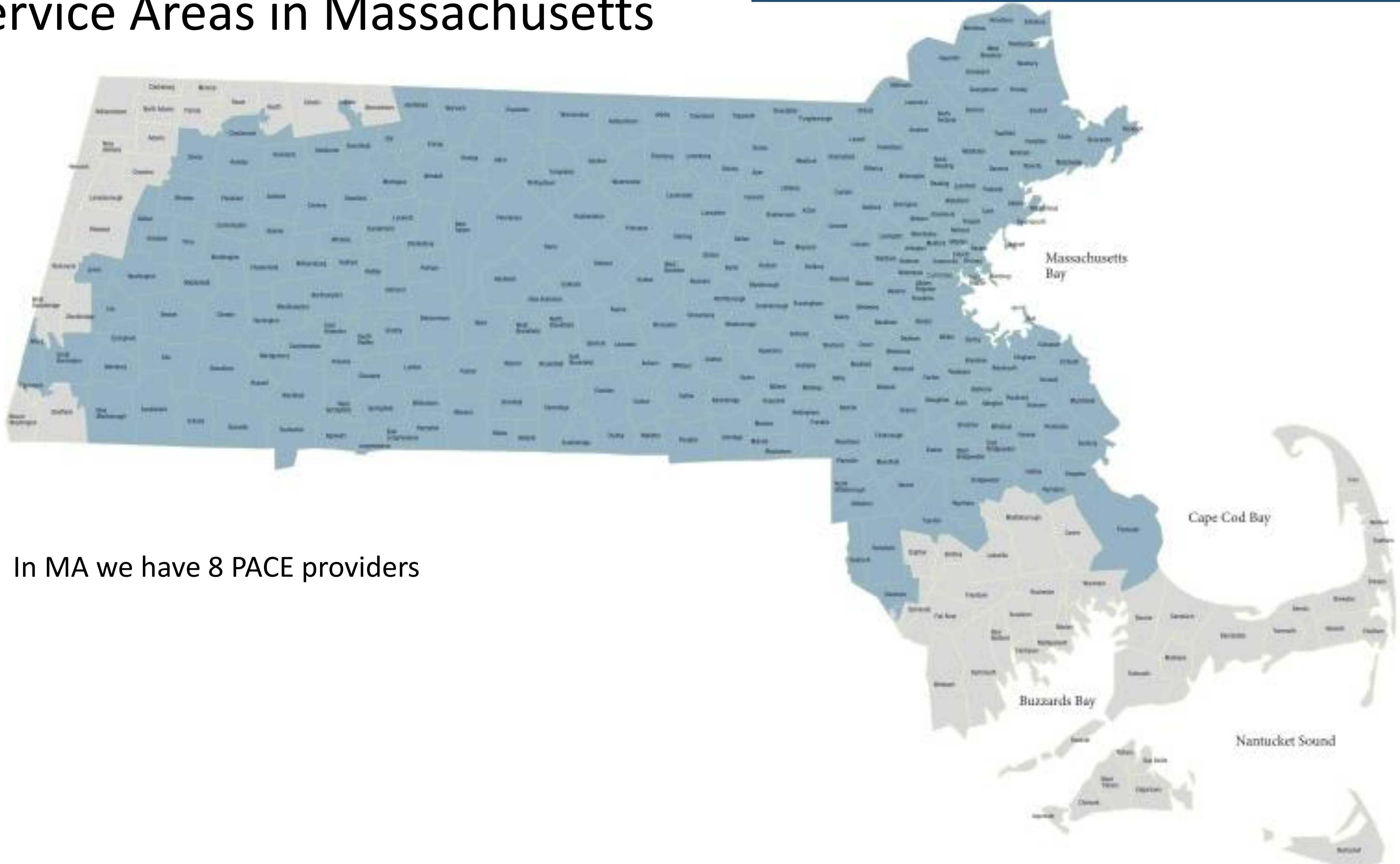
46% have dementia

100% are at risk of nursing home placement w/o PACE

On average 5.8 chronic conditions.
Most common conditions include:

- Vascular disease
- Depressive, Bipolar, Paranoid disorders
- Diabetes
- CHF
- COPD

PACE Service Areas in Massachusetts



In MA we have 8 PACE providers

The Critical Importance of Housing

Harborlight House

Harborlight Community Partners

Building Homes. Strengthening Communities. Changing Lives.

- Replicable model
- 38 units with supportive, integrated services
- LTC avoidance
- Community setting avoids isolation

PACE is ideally suited for the complex, difficult cases

Robert

- PACE participant since 2009
- Aging in place
- Increasing fall risk
- Increasing personal care needs
- Complex medical history

Anne Lynch Senior Housing

38 PACE preferred one bedroom apartments in Collaboration with Beacon Communities, 2023

Ongoing Communication and support to encourage PACE growth within the building

20 hours of resident services/wellness programming and support in the building

Clinical space designated for PACE staff to provide care for PACE members

Various PACE clinical staff including PCP onsite daily for member support

Clustered home support services

Assisted Living & Rest Homes

Before Maria found PACE

- Widowed, living in assisted living (AL)
- Type 2 Diabetes, Hypertension, Mild dementia, Anxiety
- SAMMs 4x/day, currently taking 20 medications
- Uses cane, has occasional falls
- Isolates due to anxiety, trouble sleeping at night.
- Difficulty managing doctor appointments: scheduling, transportation and co-pays
- Limited support from family
- Frequent after-hours urgent calls result in emergency room (ER) visits

After Maria found PACE

- Access to an interdisciplinary care team with regular appointments
- PACE provides transportation to appointments or visits her in her home
- Med simplification by Geriatric-specialized PCP
- Access to Durable Medical Equipment (DME): PACE Physical Therapy (PT) evaluated her for a walker and reduced her falls
- Day program attendance 2x per week
- Behavioral health integration services
- Zero out of pocket cost
- Decreased ER visits

How PACE Helps Assisted Living & Rest Homes

Nursing / provider interventions

- Injections for chronic care management
- Wound care
- Assessments
- Med reconciliations
- Sick visits | Urgent care options
- On-site rounding
- In-home visits

Urgent care after hours | on-call 24/7
ER / hospital avoidance programs

Off-site Adult Day Health (ADH) for those needing closer supervision, a more structured day, or clinic appointments

Reduces the need for contracted care services
Can use existing pharmacy resources

Keeping PACE with Housing

Financial Advantages and Flexibility

Emergency Aid Elderly Disabled and Children (EAEDC)

Veterans Aid and Attendance Benefit

VA Medical Care

Zero out of pocket cost

Impact

All housing/PACE collaborations are successful beyond the individual impact on members health and satisfaction. Planned collaboration increases available options and accessibility for prospective residents, as well as housing stock for existing PACE participants.

- Only 13% of PACE enrollees are in long term care facilities, compared to 22% of non-PACE consumers who are nursing facility eligible.
- 21% of PACE enrollees had a hospital admission versus 27% of a similar population not enrolled in PACE.

www.LeadingAge.org/HousingHealth

www.MassPACE.net

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